



# MIS WEEKLY

TODAY'S LEARNERS, TOMORROW'S LEADERS

Issue 16, June 3, 2016




CAMBRIDGE  
International Examinations  
Cambridge International School

**Cambridge  
Primary**

**Cambridge  
Secondary 1**

**Cambridge  
IGCSE**

**Cambridge  
AICE**

## Upcoming events:

- June 3 Secondary Movie Night
- June 7 MIS Art exhibition
- June 8 Primary Talent Show
- June 9 Graduation Rehearsal
- June 10 Secondary Science Fair
- June 10 End-of-stage Graduation Ceremony (5:30 pm at Sky Star Hotel)
- June 13 Primary Awards Assembly
- June 14 Secondary Awards Assembly
- June 14 Final Reports/Last day of school (early dismissal)



# 2B Talent Show Highlights

*By Elena Meteleva, 2B Homeroom Teacher*

It was crescendo of all our efforts this year: of parents, of students and of teachers. The Talent show! It has become a tradition to have a small performance at the end of the year in our class. Big stage, bright lights and microphones often scare the 8 year olds. But here in a cozy atmosphere of our class, acoustic, surrounded by their loving parents, relatives and teachers – they were bubbly, spontaneous and brave. There were poems, songs, dances and even a little gymnastics number. Everyone had the chance to be the star! The pictures flew all over the facebook into all corners of the world: Australia, Singapore, India, Hong Kong and Kazakhstan. I really believe everyone was happy! Seeing all parents of all cultures, nationalities all together in one room, made me thinking: what a big and diverse MIS family we are!

# Beautiful Ballet!

MIS hosted a ballet concert this week! Dance Studio Grace student's aged 4-14 years, including students from MIS, ISY, Network and other schools, preformed a full concert of nine dances in MIS school assembly hall on Tuesday 31st May, from 4:30-5:30pm.

The show began with a graceful greeting dance by the advanced class before all the dance students preformed the first of two energetic Zumba dances. A beautiful Waltz was performed with romantic tulle skirts, a Waves dance with long cloth and even a high energy ballet dance which included cartwheels and backward walkovers!

The audience was enthralled by 12 year old ballerina Mitzuki's two stunning ballet dances in a gorgeous pale blue tutu with exquisite hair pieces. The show concluded with a candle dance before all the students returned for a Zumba finale. It was an entertaining and inspiring matinee.

A big thank you to MIS for hosting the event and Inna Dordzhieva from Dance Studio Grace for choreographing and organizing the show.



Cambridge  
Primary  
Checkpoint

Cambridge  
Checkpoint

Cambridge  
International  
AS Level

# Food and Nutrition - A Year in Review

By Haythi (10.2) & Jane (10.3)

*In this academic year of 2015-2016, Food and Nutrition along with other subjects, have entered the IGCSE curriculum of Myanmar International School. Apart from lacking practical equipment, we Food and Nutrition students had a prosperous year.*

*We cooked and baked several dishes such as pizza with healthy toppings, gingerbread houses, tacos, apple strudel, cupcakes, and a Myanmar traditional dish, Ohn Nok Khaut Swe.*

*As expected by the lack of equipment, we had a lot of difficulties carrying out practical tasks. We didn't have enough time or experience. However, we managed to pull it off. All in all, we made a total of 17 dishes. We decorated gingerbread houses ourselves and especially had fun putting the icing on.*

*Food and Nutrition, however, isn't as easy as anticipated. It's theoretical part was tough. Since we are from Myanmar, we found it hard to cope with the western meals and recipes. We learnt the science behind the methods of baking and the reasons for using it.*

*Throughout the year, we learned a lot of things relating to our diets and daily lifestyles. Most importantly, we had tons of fun making food and sharing it with other students and staff.*

